Better In Berrigan

Berrigan News

A Community Newspaper brought to you by the BDDA

berrigannews@gmail.com www. BerriganNSW.com.au

Issue 123
NOVEMBER
2022
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BERRIGAN A. & H. SOCIETY ANNUAL SHOW

Berrigan and District Development Association

Meeting December 6pm Dinner, 7pm Date and Venue TBC.

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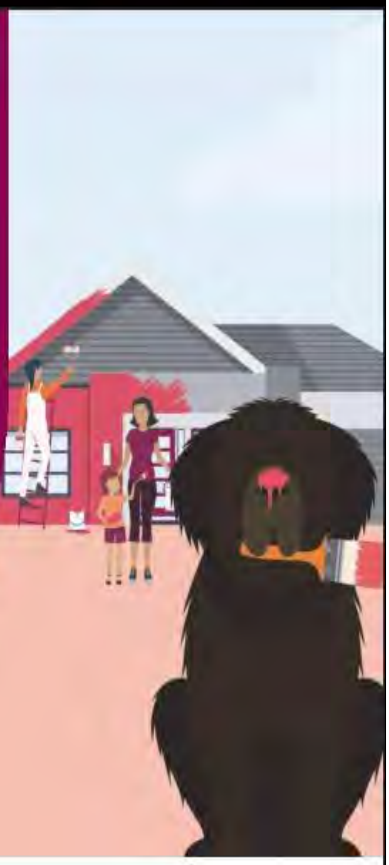

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2023 Diaries and Calendars available.

BERRIGAN SHOW PHOTOS

1 - Chantelle Gorman 2021 Berrigan Showgirl, Brooklynn Dowling 2022 Berrigan Young Woman and Isabella Batcheldor 2022 Wagga Wagga Young Woman

2 - "3 Under Par " l to r Will Eldridge, Kath Harris, Daryll Drayton and Paul Leys

3- Champion Bird of the Berrigan Show OEG Large Blue Duckwing Cockrel Exhibited by Alan Lawrence

4 - Sierra Parker and her dog Coco who won the best groomed female dog

5 - Master Tiny Tot Jonty Ellis

6 - Left to right - Jiralya McAndrew Judge Isabella Batcheldor 2022 Wagga Wagga Young Woman Master Stockman Corey Dundon, Harley Dundon, Front - Paddy Arnold and Jake Arnold

7 - Miss Tiny Tot Rachel Wiencke

8 - Miss Spring - Sophia Cole with Judge Isabella Batcheldor 2022 Wagga Wagga Young Woman and other entrants are Isabelle Blair, Cassandra Dundon and Sophie Wiencke

9 - Miss Junior - Sophie Baxter with Judge Isabella Batceheldor 2022 Wagga Wagga Young Woman and other entrants are Ruby Blair, Cleo Urquart, Emily Collins, Evie Cameron, Sophia Morgan, Darcy Smith, Stella Hill and Miller Arnold

10 - Miss Teenager photo from l to r Isabella Batcheldor 2022 Wagga Wagga Young Woman, Miss Teenager Mia Cameron, Miley Driscoll, Maddie Rice, Grace Rice and Daija McAndrew

11 - Miss Intermediate Tilli Staines with Isabella Batcheldor 2022 Wagga Wagga Young Woman and other entrants Teagan Dart, Madi Kirk, Kayh McAndrew and Jess O'Dwyer

BEAUTIFUL SUNSHINE HERALDED BERRIGAN SHOW RETURN

After two years, the Berrigan Show returned with a relaxing "Day out with the Family" theme. The rain stopped, the sun shone and the Berrigan Recreation Reserve was in perfect condition for Show Day.
All events were able to be held with new exhibitors and competitors across all sections of the Show.

The pavilion entries were on par with others shows and will only increase in numbers as the past two years of cancellation fade. A fantastic Poultry Show was held despite the Melbourne Show clashing with our event. It was a credit to Jude Lawrence and her team for a brilliant assortment of birds.

Great numbers of horses arrived Saturday night and early Sunday morning. Horse Secretary Helen Pyle reported that entrants were from South Australia, Victoria and southern New South Wales, with first time competitors very impressed with Berrigan Show from the facilities to the competition events held and said they would be back.

"A brilliant day" was how President Neville Dalgliesh summed up the day. "But the day would not be a success without the tireless volunteers who make the Berrigan Show a great family day out."

There was free entertainment galore with local band "3 Under Par", Black Snake Productions, The Balancing Man, Dutch Thunder Wildlife Rescue, Cheeky Smiles Facepainting, Professor Wallace Puppets cont page 5

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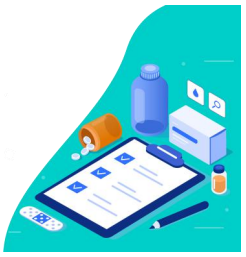

From Page 3…

and Hay Ho Animal Nursery, plus a display from Berrigan Heritage Museum to entertain the large crowds throughout the day.

The Show was opened by Dr Dione Howard, 2022 Ag Shows Australia National Rural Ambassador. During the opening, Ms Brooklynn Dowling from Savernake was announced the Berrigan Show 2022 Young Woman and interviewed by Wagga Wagga Show Young Woman Isabella Batcheldor.

Andrew Horne, Royal Agricultural Society Young Group and Berrigan Show committee member, presented Ray Eldridge with the Royal Agricultural Society of NSW Agricultural Shows Award in recognition to his service to the Show Movement. Ray was Berrigan A & H Society President – 2001 to 2005 - South Western Group of Show Association Group 9 President – 2007 to 2009 – South Western Group of Show Association Group 9 Delegate ASC – 2006 to 2014. Ray is a well known Show Day Announcer and Hack and Stock Horse Judge.

The Showbag Factory owner Mal Patrick was awarded a Certificate of Appreciation from Berrigan Show Society for over 50 years attendance at Berrigan Show and many other Shows throughout Victoria and Southern NSW.

The next event for Berrigan Show will be the ASC Dryland Wheat Crop Competition which will be judged at the end of October, but planning is already underway for 123rd Show on Sunday 1st October 2023.

We look forward to seeing you all at the next Berrigan Show. Check our Facebook page for more photo.
Full colour photos of the Show are on page 1

L Horne

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Send your photo in of the Berrigan Bag and share its adventures with the community! Or let us know of your celebrations with a photo.

IN THE GARDEN

The Berrigan Community Garden needs more working members. It is OK if you can only attend on the odd occasion as many hands make light work. Hopefully weather permitting we have spread all the bark ready for Australian Native shrubs to be planted by the time this goes to print. Thankyou to the business houses that have kept cardboard for us. We spray the weeds, put cardboard down and then spread the bark on top, hopefully that will keep it weed free. We recycle as much as we can. Try it some time, it is free.

We have celery, parsnips, salad mix, silver beet, shallots, radish, small beetroot, cabbage and herbs all ready to be picked. Did you know that instead of pulling up your shallots, cut them off at the bottom and the roots re-shoot, so you have them all year round? Something I have learnt from the garden. Come along and share your ideas at the same time lending a hand. We meet Wednesday 1.30pm and Saturday 9.30am and finish with a cuppa and chat.

Our compost bins are very wet so contents have become smelly, watch for a sign which states "Compost Here". No onions (acids), meats, dairy, lemon or orange peel to be included in the bins. These don't compost well. Thankyou for your scraps to the compost bins.
Our Happy Place The Garden. C Way

SOUTH WEST ARTS CREATIVES WORKSHOP

South West Arts are offering a FREE Planning, Preparing and Recruiting for the Future Workshop. This workshop takes the time to discuss ways to plan strategically for the future to ensure the longevity of our creative or cultural organisation. We are fortunate to have Monica Davidson from Creative Plus Business presenting at the workshop. Monica has years of experience working in the creative industry and brings her expertise. Some of you may have already attended one of her unique workshops including the Marketing for Museums Workshop.

The workshop takes a practical and professional look at:
*Strategic Planning with a realistic outlook and a time-based action plan
*Succession Planning: Who is in charge, and can we manage if they leave?
*Using technology to streamline admin and processes
*Recruiting the right people to help, including volunteers
*Keeping the team happy: Ways to encourage loyalty in staff and volunteers

This workshop is ideal for anyone from a Creative and/or cultural organisation. The workshop will be held at the Hay Tafe 178/182 Lachlan St, Hay NSW 2711. Lunch will be provided and we are offering travel allowances for people travelling more than 50km from the location of the workshop for each vehicle to receive a $50 travel allowance.

If you wish to get some more details about this, you are more than welcome to give South West Arts a call on **0438 413 270** or to register go to **promo@southwestarts.com.au** SWA

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BOOKINGS CLOSE 27TH OCTOBER 2022

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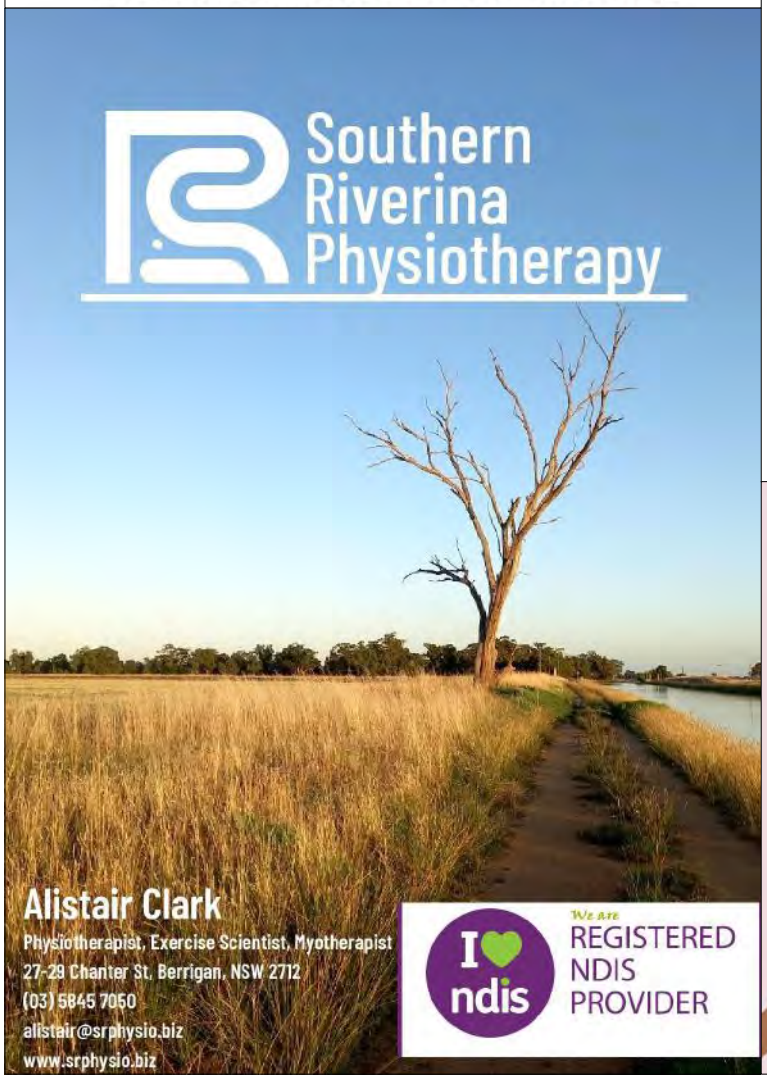

BERRIGAN MENS SHED

NOVEMBER 2022

The lead up to summer has been dominated by wet weather and flooding along the border region of NSW and in particular Shepparton and Echuca/Moama, Kerang and other towns along the mid Murray.
I'm sure all farmers will appreciate a return to warmer and sunnier days on the lead-up to Xmas. Shed member extend their heartfelt thoughts to those community member affected by flooding and look forward to good harvesting weather for those needing to generate income from their farming efforts.

A BLUE TABLE event was run at the Shed on Thursday 8th October. Many RUOK's were exchanged to ensure members attending knew their follow men were caring enough to enquire about their life journey so far. The attached photo relates to the popularity of the morning at the shed.

Walk-ins on Chanter Street have been frequent on a Tuesday and Thursday mornings to order raised garden beds. We have several different sizes to view and suit various garden layouts including half height (1ft) beds.

The Shed has an open order for 8ft X 27" sheets of corrugated iron to assist with the manufacture of the beds. Members will pick up any donated sheets within the shire boundary. ALL donations will be gratefully accepted. Please contact the Secretary (Myles) on 0419 522 740 for pick-up of iron.

Until Next Time – HAPPY SHEDDING

Myles Humphries – Secretary Berrigan Men's Shed

E: Berriganmenshed@Yahoo.com

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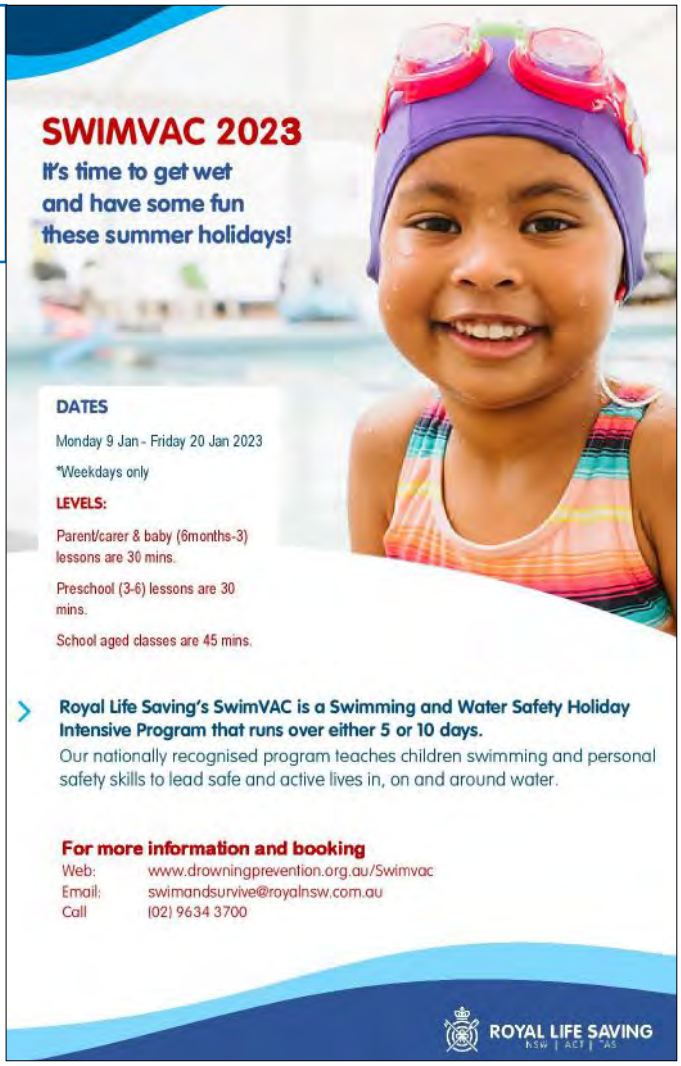

Entry to Pool

General Entry to the pool during operating hours has once again been subsidised by the Community and remains free for all users except those wishing to participate in the closed group activity of Evening Fitness Swimming (December/ January/February) which incurs a charge as outlined:-

*Casual Entry - $5.00
*Season Ticket Adult (3 months /16 weeks) $150
*Season Ticket Monthly Adult (1 month / 4 weeks) $50
*Season Ticket Concession/Student/ Senior (3 months / 16 weeks) $100
*Season Ticket Monthly Concession/Student/ Senior (1 month / 4 weeks) $ 33.50

There will be card payment facilities at the pool too this season. Sign up at the Pool.

POOL RULES

Active Supervision – defined by the RLSSA consists of four key elements:

Be Prepared: Ensure you have everything you need before getting into the water, such as towels and dry clothes.

Be Close: Always be within arms' reach of your child.

All of Your Attention: Focus all of your attention on your child and get into the pool and talk and play with them.

All of the Time: You should never leave your child alone in the water, nor should they be left in the care of an older child or with the assumption that your responsibility diminishes due to the presence of lifeguards.

* Children under the age of 10 will not be permitted to use the pool unless they are accompanied by a person responsible for their supervision. This person must be aged over 18 and be actively supervising the child at all times.

* Parents and guardians should actively supervise their children at all times and be dressed ready to enter the pool. For 0–5 year olds and non-swimmers, a parent or guardian needs to be in the water at all times and within arms' reach of the child.

* Constant active supervision is required for children aged 6–10 years old. Parents and carers must be prepared to enter the water with this age group.

The lifeguard on duty has an obligation to ensure that children are being adequately supervised and is authorised to take action where supervision is inadequate, including asking the patron to exit the water and/or leave the pool grounds.

* Toy use including pool inflatables is at the Lifeguards discretion.

	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Nov	18th	19th	20th	21st	22nd	23rd	24th	25th	26th	27th	28th	29th	30th	1st
Open	3-7pm	2-7pm	2-6pm	3-6pm	3-6pm	3-6pm	3-6pm	3-7pm	2-7pm	2-6pm	3-6pm	3-6pm	3-6pm	3-6pm
Dec	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th	15th
Open	3-7pm	2-7pm	2-6pm	3-6pm	3-6pm	3-6pm	3-6pm	3-7pm	2-7pm	2-6pm	3-6pm	3 to 6	3 to 6	3 to 6
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Dec	16th	17th	18th	19th	20th	21st	22nd	23rd	24th	[redacted]	26th	27th	28th	29th
Open	3-7pm	2-7pm	2-6pm	3-6pm	3-6pm	2-7pm	2-7pm	2-7pm	2-7pm	[redacted]	2-7pm	2-7pm	2-7pm	2-7pm
FitSwim	7.15pm to 8.30pm			6.15pm - 7.30pm	6.15pm - 7.30pm	7.15pm to 8.30pm	7.15pm to 8.30pm	7.15pm to 8.30pm			7.15pm to 8.30pm	7.15pm to 8.30pm	7.15pm to 8.30pm	7.15pm to 8.30pm
Jan	30th	31st	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th
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Mar	24th	25th	26th	27th	28th	1st	2nd	3rd	4th	5th	6th	7th	8th	9th
Open	3-7pm	2-7pm	2-6pm	3-6pm	3-6pm	3-6pm	3-6pm	3-7pm	2-7pm	2-6pm	3-6pm	3-6pm	3-6pm	3-6pm
FitSwim	7.15pm to 8.30pm													
Mar	10th	11th	12th											
Open	3-7pm	2-7pm	2-6pm											

Pool Opening Hours are subject to weather conditions and patronage. Extended Hours during School holidays.
Closed Christmas Day.

HEALTHLINE RESOURCE

Try These 8 Pool Exercises for a Full-Body Workout

If you're looking for a break from your usual fitness routine, why not dive into aquatic exercise? Exercising in water can provide a great full-body workout without some of the drawbacks of land-based exercises.

Plus, what could be more refreshing in the sticky summer months than being immersed in water while you're burning calories? Here's a look at the benefits of water workouts, along with 8 pool exercises that can work the major muscle groups in your body.

What are the benefits of pool exercises?

Because water offers heavier resistance than air, working out in the pool can make the same exercises that you'd do on land more challenging in water.

The heavier resistance can engage your muscles more fully and also help you burn more calories in a shorter amount of time. Aquatic exercise allows you to get a great cardio workout, while also increasing your:

*strength *endurance *flexibility

The buoyancy of water also provides extra support for your muscles and joints. This allows you to work out harder while putting less impact on your body than you would on land.

According to the Centers for Disease Control and Prevention (CDC), it's especially helpful for people who have joint conditions, such as osteoarthritis and rheumatoid arthritis.

It's also a gentler form of exercise for pregnant women and people who have: *osteoporosis * fibromyalgia *balance issues *joint injuries

Do you need any special equipment?

If you're going to work out on your own, you may want to buy some of the following gear:

*Wrist or ankle weights. These strap-on weights can increase the resistance of your arm and leg movements in water.

*Foam dumbbells. Lightweight when dry, they become heavy when you put them in water.

*Hand paddles or resistance gloves. Both types of equipment can boost your strength training in water.

*Kickboard. A great tool for many drills, it allows you to hold on and stay afloat while doing core and lower body workouts.

*Buoyancy belt. This can keep your head above water so you can do arm exercises without treading water.

Pool exercises for a full-body workout

1. Walk in water - Walking in water is a good exercise to start off with as it helps you get a feeling for how you can create resistance. Walking in water can target your arms, core, and lower body. You can increase the intensity by using hand or ankle weights. Start off walking in shallow water, around waist height. Lengthen your spine and walk by putting pressure on your heel first and then your toes, instead of walking on your tiptoes. Keep your arms at your side, in the water, and move them as you walk. Engage your core and stand tall as you walk. Continue walking for 5-10 minutes.

2. Water arm lifts - This exercise will help strengthen the muscles in your arms. Using foam dumbbells will help add more resistance. Stand in water up to your shoulders. Hold the dumbbells at your side, with your palms facing up. Draw your elbows in close to your torso as you lift your forearms to the height of the water. Rotate your wrists to turn your palms facedown. Lower your arms back to the starting position. Do 1-3 sets of 10 -15 reps for each exercise.

3. Lateral arm lifts - This exercise, which targets your upper body, is also best done with foam dumbbells. Stand in water up to your shoulders. Hold the dumbbells at your side. Raise your arms to the side until they're level with the water and your shoulders. Lower your arms back down to your sides. Do 1-3 sets of 8-14 repetitions.

4. Back wall glide - This exercise helps to activate the muscles in your core and lower body. Hold onto the pool ledge, tuck your knees into your chest, and press your feet into the wall. Push off from the wall and float on your back as far as you can. Draw your knees into your chest, press your feet down to the bottom of the pool, and run back to the wall. Continue this for 5-10 minutes.

5. Jumping jacks - Jumping jacks work the muscles in both your upper and lower body. You can add resistance with wrist and ankle weights. Stand in water at chest level. Start with your feet together and your arms at your side. Jump by moving your legs outward and, at the same time, bringing your arms over your head. Jump again to return to the starting position with your feet together and your arms at your side. Do 1-3 sets of 8-12 repetitions.

Lose weight without losing your mind
for people struggling to lose weight long term
0438 137 358
susanescott.com.au | susan@susanescott.com.au

THE NOOK On Chantel
Upcycled & Pre Loved Furniture,
New Items, Bric-a-brac
Open Saturdays 11am to 2pm or by appointment

6. Leg shoots - This dynamic exercise works your core, low back, and legs. Keep your feet off the bottom of the pool during this exercise. Tuck your knees into your chest. Explosively press your feet and legs out in front and float flat on your back. Draw your knees back into your chest. Press your legs out behind you so you're floating on your stomach. This is 1 repetition. Do 1-3 sets of 8-12 repetitions.

7. High-knee lift extensions - This exercise can strengthen the muscles in your core and lower body. Add ankle weights to increase the difficulty. Stand in water at waist height. Engage your core as you lift your right leg, bending your knee until your leg is level with the water. Pause with your leg lifted for a few seconds. Extend your leg straight out and hold this position for a few seconds. Slowly lower your leg down, keeping it straight. Repeat this move with your left leg. Continue for 5-10 minutes.

8. Leg kicks - This exercise works the muscles in your core and legs. Use ankle weights to make it more challenging. Hold onto the pool ledge or hold a kickboard. Flutter-kick your legs. Scissor-kick your legs open and closed. Do a breaststroke kick with your legs. Follow with dolphin kicks. Do each kick for 1-3 minutes.

Safety tips

You may sweat more than you realize when you're working out in water, so stay hydrated by drinking plenty of fluids before and after you work out.

Use a floatation device if you're not a strong swimmer, like a buoyancy belt or floatation vest.

Stop exercising if you feel: lightheaded or dizzy
* unable to breathe * nauseous *faint or weak
*pain or pressure in your chest or upper body

Berrigan A & H Society Inc
Berrigan Show October 2022
Meet 2nd Monday of the Month
@ Sportsground 7.30pm
February to October. Attendance welcome
www.facebook.com/BerriganShow
Lyndall Horne Secretary 0438 852 610

The Bottom Line

Water workouts are an effective way to boost your cardio fitness while also strengthening the major muscle groups in your body. Pool exercises are especially helpful for anyone with joint issues or injuries, as well as those who are pregnant or have balance trouble.

Speak to your doctor before beginning any new exercise routine, or if you have any health concerns.

https://www.healthline.com/health/fitness-exercise/pool-exercises#benefits

****

The floors in the kiosk and toilets have been coated over the off season, making it nicer underfoot - see photos page 11. The centre of the top of the pool edge has also been replaced which will also make it nicer underfoot. Swimming lessons will be on in January. The Kiosk will be run by a small dedicated staff and will be open ever day of the pool season. We look forward to having a fun pool season and hope to see you there at the pool. CVB

BERRIGAN & DISTRICT HERITAGE MUSEUM

Monthly Meeting 1st Wednesday of the Month
Museum Open **9AM TO 11 AM Wednesdays**
or by appointment
Phone - Tom Pyle 0438 852616
Family, War, Local & District History

BERRIGAN CONSERVATION GROUP
& TIDY TOWNS & COMMUNITY GARDEN

1st Sunday in Month Rubbish Pick Up meet Hayes Park
Committee Meeting 2nd Wednesday of Month
at RSL Heritage Museum Meeting Room
Contact Mark Ryan 03 588 8222
Community Gardens Meets 1.30pm Wed & 9.30am Sat

Berrigan Sub Branch RSL
60-70 Jerilderie Street Berrigan
Meet Second Tuesday of each month
Time: 5.30pm
Email:BerriganSB@rslnsw.org.au

Berrigan Community Golf & Bowls Club

CLUB'S OPENING HOURS:
Wednesdays to Sundays
Bowls Committee meet every 2nd Wednesday of the Month
Golf Committee meet every 2nd Friday of the Month

Berrigan Community Golf and Bowling Club
AGM
November 21st 7pm
At Berrigan Community Golf and Bowling Club
Stewart St Berrigan
2 Directors position vacant.
Must be financial member to attend.

GO LOCAL FIRST

COMMUNITY CLUB NEWS!
THURSDAY NIGHTS: Club Super Draw
Jackpots $2800 every week.

Yuan Huang Chinese Restaurant

Lunch and Dinner Eat In or Takeaway
Wednesday to Sunday Functions and Catering
03 5885 2642

Our great community facilities are great value for any function – 21sts, 18ths, any age birthdays, engagements … and much more.
For all enquiries regarding catering,
room hire, golf, bowls and all social happenings at our Community Club.
Phone 03 5885 2229
Or email
berrigangolfandbowl@outlook.com www.berrigancommunitygolfandbowlingclub
Do you have an RSA?
Volunteer bar staff needed
please contact Janice Graham at the Club.

GOLF NEWS
GOLF COMP TIMES
FRIDAYS: 2:30pm for 3pm Tee Off
SATURDAYS:1:30pm for 2pm Tee Off
SUNDAYS: 18 Hole Comp
12 for 12:30pm Tee Off
WEDNESDAYS:
Ladies Comp 9am for 9:30 Tee Off

BERRIGAN CURLEWS

FRIDAY TWILIGHT BOWLS COMPETITION

Businesses, clubs, and groups are invited to support our community club

Your team:
- 3 people per team.
- Can swap players from week to week
- Only one registered bowler allowed
- Bowls and coaching available

The matches:
- Friday evening 6:00pm to 7:30pm sharp
- $10 per player per night
- Free sausage sizzle
- Prizes every week! $$$$

The season
- Introduction evening - 7 October
- Round 1 - 14 October to 16 December
- Round 2 - 20 January to 24 March

Try something new and have some fun!

To enter a team or for further information
Steve Gann - 0418 480 946

SUSSAN LEY
FEDERAL MEMBER FOR FARRER
Putting Farrer First

As your local Federal MP my job is to represent, help and speak up in your interests.

You may also need specific assistance in an area such as social welfare, family law, immigration or taxation, through to a post, phone or internet service.

Can I help with an employment issue, housing, health or education...perhaps you just want to offer an opinion?

Whatever you may want help with, please don't hesitate to get in touch through any of the below contact options.

517 Kiewa Street, Albury NSW 2640 02 6021 3264 farrer@aph.gov.au sussanley.com SussanLeyMP

Authorised by Sussan Ley MP, Liberal Party of Australia, 517 Kiewa Street, Albury NSW 2640.

BDDA

Berrigan & District Development Association

www.BerriganNSW.com.au

Presents...

Christmas Night Markets

and

Carols by Candlelight

including the

Red Cross Fashion Extravaganza

Friday 2 December 2022

From 5.30pm

For market stalls please contact Susan Escott on 0438 137 358 or susan@virtualessentials.com.au

THUNDERSTORM ASTHMA

Last month, I raised this topic and with all that is happening weatherwise in our area people still need to be advised of Thunderstorm Asthma and take the necessary action if required. The pollen counts are well up and on track to break records. Asthma flare-ups traditionally increase in spring throughout the Murrumbidgee due to high pollen counts, in conjunction with thunderstorm-related weather conditions.

If have breathing difficulties related to asthma and hay-fever need to prepare now for the start of the spring thunderstorm season. People who wheeze and sneeze this time of year should to visit their GP or specialist for an assessment, obtain a current medication prescription and a written Asthma Action Plan, and then to use them if required.

People with asthma are encouraged to register to receive alerts via email and/or SMS on peak danger days.

MOSQUITO PREVALENCE:

The mosquitoes have certainly increased in the area over the last few week and will all the rain so has the water that is just lying around. These pools of still water make perfect breeding conditions for mosquitoes and with that come the risk of infection to those that are 'bitten'. Mosquitoes can be responsible for the following diseases in our area - Japanese Encephalitis, Murray Valley Encephalitis and Ross River Fever,

However the best way to avoid these diseases is the prevention of mosquito bites. Avoid going outdoors during peak mosquito times, especially at dawn and dusk, and places close to wetland and bushland areas. Wear long sleeves and pants outdoors (to reduce skin exposure). Also wear shoes and socks where possible. There are insecticides available for treating clothing for those spending extended periods outdoors.

Apply repellent to all areas of exposed skin, especially those that contain DEET, picaridin, or oil of lemon eucalyptus which are the most effective against mosquitoes. The strength of a repellent determines the duration of protection with the higher concentrations providing longer periods of protection. Always check the label for reapplication times.

JAPANESE ENCEPHALITIS VACCINATION CRITERIA

The Communicable Diseases Network of Australia (CDNA) recommends the following groups should receive the JE vaccine:

*people who work at, reside at, or have a planned non-deferrable visit to a:

*piggery, including but not limited to farm workers and their families (including children aged 2 months and older) living at the piggery, transport workers, veterinarians (including veterinary students and nurses) and others involved in the care of pigs. (cont. pg. 19)

2022 COMMUNITY SURVEY - NOW OPEN

ABOUT THIS SURVEY

The MLHD 2022 Community Survey gathers information from people across the Murrumbidgee region about their experience with and knowledge of services in hospitals and other healthcare facilities.

This is the perfect opportunity for you to provide feedback on how the health service can improve communication.

The survey is anonymous. Participation in the survey is voluntary and respondents cannot be identified from the information provided in this survey.

CLOSING DATE

This survey will open from 1 September 2022 and close on 30 November 2022.

PURPOSE

The 2022 MLHD Community Survey will:

- measure public awareness about services available locally
- identify gaps in the provision of information
- identify best communication channels to inform, consult and engage with specific communities

TAKE SURVEY NOW!

Go online to: https://www.surveymonkey.com/r/MLHD-CS-2022

< or scan the QR code to access via your device

Hard copies are also available from your local hospital reception.

MURRUMBIDGEE Local Health District NSW

BERRIGAN RED CROSS
14th ANNUAL FASHION EXTRAVAGANZA
BOUTIQUE & DESIGNER

SALE

Partnered by Men's Shed - Berrigan

All Clothing Brand New

Australian & International Labels

at massively reduced prices

Berrigan Market Night

Friday 2 December 2022 - 5 pm to 9 pm

Funds to ARC Emergency Services

Saturday 3 December 2022 - 9 am to 12 noon

Amaroo Aged Care

Men's Shed (Big Store) Chanter St Berrigan

Contact: Lyndall Horne 0438 852610
Marion Dickins 0428 286813

Australian Red Cross

Australian Red Cross

Meetings
3rd Wednesday
of Month,
rear Red Cross Shop

For more info contact Pres. Marion Dickins 0428 286 813

BERRIGAN RED CROSS SHOP

Open Monday - Friday 9.30- 3.30 & Saturday 10.30 - 12.30
63-65 Chanter St Phone 0484 274193
Money raised is used to help fund Australian Red Cross' humanitarian activities around the world.

(cont. from pg. 17)

*pork abattoir or pork rendering plant.
*personnel who work directly with mosquitoes through their surveillance (field or laboratory based) or control and management, and indirectly through management of vertebrate mosquito-borne disease surveillance systems (e.g. sentinel animals) such as:
*environmental health officers and workers (urban and remote)
*entomologists
*all diagnostic and research laboratory workers who may be exposed to the virus, such as persons working with JEV cultures or mosquitoes with the potential to transmit JEV; as per the Australian Immunisation Handbook.

In NSW, JE vaccine is now also recommended for people who:
*Live or work in any of the following Local Government Areas (LGAs): Albury, Balranald, Berrigan, Carrathool, Dubbo Regional, Edward River, Federation, Goulburn Mulwaree, Greater Hume, Griffith, Lockhart, Murray River, Temora, or Wentworth
*Are aged 50 years or older
*Spend significant time outdoors (four hours per day).

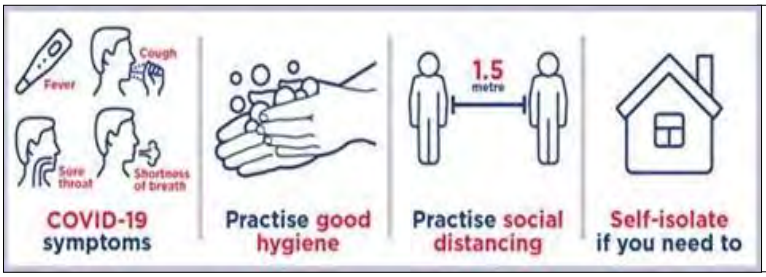
JE vaccine is available through local general practitioners (GP). PEOPLE WHO MEET THE ABOVE CRITERIA SHOULD MAKE AN APPOINTMENT WITH THEIR GP AND LET THEM KNOW IT IS FOR THE JAPANESE ENCEPHALITIS VACCINE. GPS MAY REQUIRE A FEW DAYS' NOTICE SO THEY CAN ORDER THE VACCINE.

At this time, it is not recommended that NSW GPs consider JE vaccination for other groups in the community. Mosquito bite avoidance should be encouraged. T Taylor

FROM THE MUSEUM - THOMAS QUADE

William Quade came from Ireland and married Mary McMahon (also from Ireland) in Corowa in 1884, after taking up farming in the Berrigan district in 1882.
He had a large family of eleven children. One of his properties was "Greenvale". There is an item in the Albury Banner of Friday 7 August, 1896 concerning one of his sons, Thomas Quade.

"Consternation was caused in Berrigan on Sunday morning when news was brought in stating that Thomas Quade, between 8 and 9 years of age, son of Mr. William Quade, farmer, some 9 miles from Berrigan, was missing from home. It appears that little Quade was sent into the township early on Saturday afternoon on horseback for the mail, but it being a post office holiday the boy was unable to obtain the correspondence until after 6 o'clock, when he left for home. He was met shortly after by a bullock driver, who directed him as to the proper turning to take. His parents became very anxious as the morning wore on as to his whereabouts, and a messenger was sent to Berrigan and Jerilderie, Mr.Quade himself going to Finley. On Sunday morning more than 60 horsemen scoured the country for the lost child. At a tank on Mrs. McLelland's estate, small footprints were found around it, and, as the horse was found in the neighbourhood, it was surmised that the little fellow had been drowned. However, a cooee was heard, and it was found that he was safe and sound at Corcoran's hotel, having been found by an Indian hawker on the Green Hills at about 11 o'clock. The boy states that he lost his way, and the night being dark and rainy, he fastened his horse to a fence and wandered away to find a house. Becoming tired he camped for the night in a straw stack, and in the morning went in search of his horse, and was found as stated by the hawker. News was at once sent out to relieve the anxieties of his parents". *M Steer*



Open Nov to March

Mon-Thurs	3 - 6 pm
Friday	3 - 7 pm
Saturday	2 - 7 pm
Sunday	2 - 6 pm

School Holidays

Daily	2 - 7 pm

BERRIGAN WAR MEMORIAL SWIMMING POOL

Meet First Tuesday of the month at the Pool Canteen 6pm September to April.
Contact Sue Chisholm for more information.
Pool Phone 0409 903 049

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For further information or to open an account,
please contact Lloyd Crispin | 0407 066 750

CWA BERRIGAN BRANCH

Craft Day 2nd Monday of Month CWA
Meets 3rd Monday of Month
at the CWA Building Chanter St, Berrigan
New Members most Welcome!

Gentle Exercises Mondays
10.30am to 11.30 am
In the Madill Centre, Berrigan
$1.00 per person per session.
Please bring a water bottle.
Contact Beth Trewarne for more information on 03 5885 2797.

90th BIRTHDAY CELEBRATIONS FOR BERRIGAN CWA

Berrigan CWA members celebrated 90 years of the Berrigan Branch which was formed on October 10th 1932. There was a small ceremony at the Rooms attended by locals and members from other Sturt Group Branches. Sturt Group Vice Pres. Joy Knight did the honours of cutting the ribbon.

The mosaic depicting 100 years of CWA of NSW that is to be placed on the wall outside the Rooms is yet to be finished. A seat representing 90 years of Berrigan Branch has been placed in front of the wall and the signage will be added later. Hopefully, there will be photos next month.

Members and special guests went to the Federal Hotel for a celebratory dinner. A beautiful meal was served and good company enjoyed. President Kate Hawkins presented a Certificate and badge to Marnie Steer for her 50 years Service to CWA.

Pictured right - Kate Hawkins and Marnie Steer

At the CWA AGM on Monday, the 2023 Executive are - Pres. Kate Hawkins, Sec. Jenny Coldwell, Treas. Del Schweicker, V. Pres. Gwenda McNamara, Ag/Env. Jenny Coldwell, Cultural Marnie Steer, International Pauline Parr, Publicity Beth Rendell, Land Cookery Di Hardwidge, Hall Bookings Del Schweicker.

Berrigan will host Handicraft and Land Cookery Day in March and we look forward to a happy and successful year.

B Rendell

FINLEY HIGH SCHOOL LEADERS 2023

Congratulations to Matthew Whelan (middle), Hamish Cameron (right) and Jebidiah Meyervale (left), Berrigan students at Finley High School who are part of the 2023 Leadership Team. Matthew is School Captain and Hamish and Jebidiah are Vice Captains. Congratulations also to Abi Litchfield who has been chosen as the STOMP Senior Leader. The aim of this group is to raise awareness around positive wellbeing and promote available support to the FHS community. We wish these students well along with the other leaders in their year as they take on this important role at FHS. M Whelan

Southern Riverina Vehicle & Machinery Club Inc
3rd Wednesday of Month
7.30pm at the Finley RSC
Phone Darryl on 0458 218 72
for more information

Buses run on
1st Thursday - Shepperton
2nd Thursday - Cobram
3rd Thursday - Albury
4th Thursday Yarrawonga

VALMAR
Linking Community

Phone Valmar Community Transport on 02 69204162 before 4pm Tuesday prior to trip to book your seat.

NOVEMBER		FRIDAY STREET STALL	DECEMBER		IGA Hours
04	Berrigan RSL	Book Friday Street Stall	02	Not Allocated	Mon to Sat 8am-6pm
11	Amaroo Auxiliary	@ Shire Offices	09	Not Allocated	Sun 9am - 5pm
18	Not Allocated	Book IGA Market	16	Not Allocated	Public Holidays 8am to 1pm
25	Not Allocated	Day Stall @ IGA	23	Not Allocated	Closed Good Friday
			30	Not Allocated	& Christmas Day

2023 CALENDAR PHOTOGRAPHY ENTRY FORM

Berrigan Shire Council is inviting residents to share images of their town, which reflects either of the following:

- Tourism
- Families and Young People
- Economic Activity
- Agriculture
- Landscapes

Thirteen photographs will be selected for Council's use in the 2023 Community Calendar and a free calendar will be given to those who have their images selected. The calendar will be available for purchase from Berrigan Shire Council Office and Libraries in each town.

The competition is open to residents in the Berrigan Shire Council area with all entries accompanied by a completed entry form.

Winners will be announced in December 2022, prior to the publication of the 2023 Calendar.

Entries close Friday, 11 November 2022.

Please send completed entry form with your digital photograph(s) to:

media@berriganshire.nsw.gov.au

YOUR DETAILS:

Name: .....

Address: .....

Phone: ..... Mobile: .....

Email ..... Website: .....

IMAGE REQUIRMENTS

- Images must be high-resolution quality (min 2MB and max 5MB).
- Images must be provided as a JPEG file.
- Images must be supplied in landscape orientation

ACKNOWLEDGEMENT

I acknowledge that I am the copyright owner of the photograph(s) vested with all legal rights to enter into this agreement.

I understand that I may feature on Council's social media accounts and other future promotions. I understand Berrigan Shire Council will have the right to use the image for promotional purposes including print and online.

I have read and understood the requirements listed above and I will comply with all of the conditions.

2023 CALENDAR PHOTOGRAPHY ENTRY FORM

Signature: ..... Date: .....

Number of Photograph(s) attached ☐

IF ENTRANT UNDER 18 YEARS OF AGE - PARENT(S)/GUARDIAN(S) PERMISSION IS REQUIRED.

Name: .....

Address: .....

Phone: ..... Mobile: .....

Signature: ..... Date: .....

Personal information collected by the Council will be treated as per the Council's Privacy Management Plan and the *Privacy and Personal Information Protection*

PHOTOGRAPH DETAILS

NOTE: Please copy this page if you wish to enter more photographs.

Photographer's name: .....

Description (including location, date & time)

Details regarding the use of filters or digital alterations

Original material (negative; transparency or digital file – include pixel dimensions for digital files)

Preferred credit line (e.g. John Smith Photography)

Subject's consent: .....

Parent(s)/Guardian(s) consent: .....

UPCOMING BERRIGAN EVENTS

DECEMBER - FRIDAY MARKET NIGHT, CAROLS & RED CROSS FASHION EXTRAVAGANZA & BERRIGAN LIGHTS UP

DECEMBER - BERRIGN NEWS SUBSCRIPTION & BDDA MEMBERSHIP RENEWS

MARCH - FESTIVAL OF MUSIC ON CHANTER & TOWN GARAGE SALE

SAVE THE DATE - COMING SOON

"Dylan Forge Live - Better in Berrigan!"

Crooning classics and Broadway's greatest hits

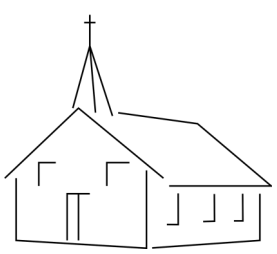
Sunday 22 January 2023 at 2pm

Berrigan Soldiers Memorial Hall

Supported by hit Celtic folk band Inveran

Tickets on sale now: $25 and available at https://www.trybooking.com/CDOFV or by contacting 0455 152 267

Church Times & Contacts



Presbyterian - Cobram/Davis St, Berrigan (03 5883 3697) - 1st and 3rd Sundays 9am

St Aidan's Anglican - 128 Jerilderie St, Berrigan. Father Humble (03 5744 2211) 1st / 2nd / 3rd / 4th Sundays 11am, 5th Sundays to be announced.

St Columba's Catholic 14 Corcoran St, Berrigan. Father Tony Aboshi (03 5885 2010)1st, 3rd and 5th Sundays Saturdays Vigil 5.00pm, 2nd & 4th Sundays 10.00am.

Uniting Wesley Chanter St, Berrigan. Church Council (03 5885 6521) 1st, 2nd, 3rd, 4th, 5th Sundays 11 am. Savernake 1st & 3rd Sundays 9am,Oaklands 4th Sunday 9am

BERRIGAN LIBRARY NEWS FOR **NOVEMBER**

New Graphic Novels!

If you loved Dav Pilkey's "Dog Man" and "Captain Underpants" series, then check out his latest books!
Cat Kid Comic Club available now at Berrigan Library

New Release Adult Fiction

Check out the latest by **Jane Harper "Exiles"**

At a busy festival site on a warm spring night, a baby lies alone in her pram, her mother vanishing into the crowds.
A year on, Kim Gillespie's absence casts a long shadow as her friends and loved ones gather deep in the heart of South Australian wine country to welcome a new addition to the family.
Joining the celebrations is federal investigator Aaron Falk.
But as he soaks up life in the lush valley, he begins to suspect this tight-knit group may be more fractured than it seems.
Between Falk's closest friend, a missing mother, and a woman he's drawn to, dark questions linger as long-ago truths begin to emerge

Library Activities

Scrabble
9.30am
Tuesdays

Berrigan BookClub
2pm second Thursday of the month

Story Time
10.30am
Thursday

See Alana at the Library for more information.

Community Recycling Station in the Library

Opening Hours
Open
All Day
Tuesday & Thursday
9.30am
to 5.30pm
Closed for lunch 12.30-1pm
& Sat Mornings
9.30am to 12pm

Phone
03 58885180

WASTE DISPOSAL CENTRES OPENING HOURS

Garbage Collection Day Berrigan is Tuesday. Recycle Collection every second Tuesday.
Berrigan Tip Open - Tuesday & Thursdays 1.30pm to 4pm, Sundays 12.30pm to 4pm.
Berrigan Waste Disposal receives all waste. Greenhills Road, Berrigan.
Finley Recycling Centre Sundays 8.30am to 12pm. Tocumwal Transfer Station - Wednesdays, Fridays, Sundays 1.30pm to 4pm
Please contact Berrigan Shire Council for any further information on either 03 58852100 or www.berriganshire.nsw.gov.au

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41 Chanter Street, Berrigan

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2022

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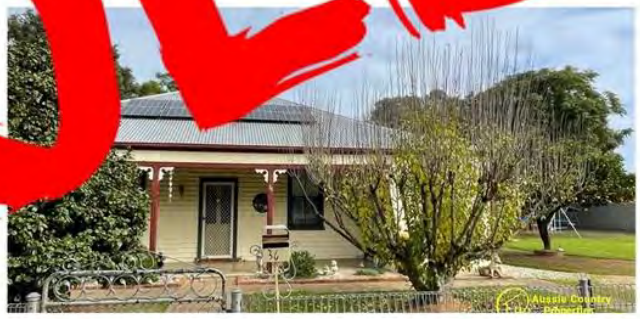

Call Tracy on 0472 635 263 for a FREE Current Market Appraisal today

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